

Personal Reflection

**Template**



# Overview & Reflection

We would like you to complete a brief reflection on your learning.

Using the section below, we would like you to briefly describe:

* What’s are the key things that you have learnt?
* What’s are the key things that you will want to improve, or do differently?

Please type your response here.



# Submission instructions

To submit your reflection, please follow these steps:

1. Write your reflection above and save this PDF file
2. Return to Bud
3. On your activity window in Bud, click on the 'Submissions and Messages' button
4. Click on the 'Submit Work/Message'
5. Upload this PDF file
6. Click on the 'Submit' button

Once you have completed the steps above, you'll have submitted your work. We'll be in touch shortly and mark your activity as ‘complete’. In the meantime, feel free to contact us if you need any help – we’re here to support you.

